

**2019**  
**Fort Hill Christian Youth Camp**  
**“Christian Living”**  
**Elementary Class Material**  
**Monday Lesson**  
**“Anger”**

## **ANGER - DO NOT LET OUR ANGER TAKE HOLD AND CAUSE US TO SIN**

Monday

Cain and Abel

Scriptures: Genesis 4:1-16, Hebrews 11:4, 1 John 3:12

Memory verse: Be angry and do not sin; do not let the sun go down on your anger, and give no opportunity to the devil. Ephesians 4:26-27.

Key people: Cain, Abel, The Lord

Background information: After Adam and Eve were banished from the Garden of Eden, Eve had two sons.

1. Cain was the firstborn son of Adam and Eve.
  - A. Cain worked the soil.
  - B. Cain brought some of the fruits of the soil as an offering to the Lord.
2. Abel was the second son of Adam and Eve.
  - A. Abel kept flocks.
  - B. Abel brought fat portions from some of the firstborn of his flock as his offering to the Lord.

The story: According to Genesis 4, verse 4, the Lord looked with favor on Abel and his offering. The Lord did not look on Cain and his offering with favor. What was the difference between the offerings the brothers brought for the Lord?

1. Cain brought some of the fruits of the soil he had grown.
  - A. Although Cain brought an offering, not a lot of thought went into it.
  - B. Cain's heart and attitude were not right.
2. Abel brought the fat portions from the firstborn of his flock.
  - A. Abel chose the best portions of his flock, a choice and generous offering.
  - B. Abel's offering was considered a proper sacrifice.

Cain was angry that the Lord did not look on his offering with favor and the Bible says his face was downcast. Do you think Cain was jealous of his brother Abel?

The Lord spoke to Cain.

1. Why are you angry? Why is your face downcast?

2. If you do what is right, will you not be accepted?

The Lord told Cain, “If you do not do what is right, sin is crouching at your door; it desires to have you, but you must master it.” Was Cain’s heart in the right place? The Lord knows everything about us. The Lord knows when we are happy, sad, angry or not doing right.

Cain asks his brother Abel to go out to the field with him. While the brothers were in the field, Cain attacks Abel and kills him.

Later, the Lord asks Cain, “Where is your brother Abel?” Cain replies, “I don’t know, am I my brother’s keeper?” Can we hide from the Lord? No, the Lord sees all we do and say. The Lord knows what kind of person we are and what is in our hearts.

The Lord continues to question Cain.

The Lord says,

1. What have you done?
2. Your brother’s blood cries out to me from the ground.
3. You are now under a curse and driven from the ground.
  - A. When Cain worked the ground, the ground would no longer grow crops for Cain.
4. Cain would be a restless wanderer on the earth.

Cain told the Lord,

1. My punishment is more than I can bear.
2. Today you have driven me from the land.
3. I will be hidden from your presence.
4. I will be a restless wanderer on the earth.
5. Whoever finds me will kill me.

The Lord told Cain that if anyone kills Cain, he would suffer vengeance seven times over. The Lord then put a mark on Cain so that no one who found Cain would kill him. Cain then went out from the Lord’s presence and lived in the land of Nod.

Read the memory verse. Try to say it together.

## Discussion:

1. What makes us angry?
2. How do you handle being angry?
3. Can your anger make you sin?
4. What can we do to make our hearts right with God?

## Activities:

### What is your heart filled with?

Supplies: You will need a clear bowl or clear container and colored balls, colored marbles, or colored blocks.

Cut out a large heart shape. Then cut out the inside of the heart, leaving a heart frame. Tape this to the front of your container.

Have your class call out different sins. For each sin place a colored object into the container. Either teacher or student can place objects in container. When heart is filled discuss what these sins do to our lives. What can take away the sins?

### Keep Jesus in your heart game

You will need a parachute or bed sheet, small colored plastic balls (represent sins) and a white plastic ball (represents Jesus).

Have students stand around the sheet or parachute. Toss in all the balls explaining that the colored balls represent the sins in our heart and the white ball represents Jesus.

The goal is to remove all the sin in your heart (popping out the colored balls) while trying to get down to only Jesus (the white ball) in your heart.

Harder to do than you think (Just like real life). Good time to talk about the sin we carry in our hearts, like getting angry, being impatient, taking turns, not sharing and what we should do to live a Godly life.

Cain and Abel worksheet

He Pleased God worksheet

The Crime worksheet

Offerings worksheet

Name \_\_\_\_\_

## Cain and Abel

Read about Cain and Abel in **Genesis 4** to fill in the blanks. Use the coded numbers to answer the riddle.

1. Adam and Eve had two sons named **C** \_\_\_\_\_ and Abel.  
(Gen. 4:1-2) <sub>1</sub>
2. Abel had **f** \_\_\_\_\_ of sheep, and Cain worked the soil.  
(Gen. 4:2) <sub>4</sub>
3. Cain brought some of the **f** \_\_\_\_\_ of the soil to the Lord.  
(Gen. 4:3)
4. Abel brought some of the **f** \_\_\_\_\_ from the firstborn of his flock.  
(Gen. 4:4)
5. God did not look with **f** \_\_\_\_\_ on Cain's offering. (Gen. 4:5)
6. Cain was angry. He killed **A** \_\_\_\_\_. (Gen. 4:8) <sub>2</sub>
7. Because of his sin, Cain became a restless **w** \_\_\_\_\_  
on the earth. (Gen. 4:12) <sub>3</sub>

What kept Cain from e-mailing his family when he was away?



He  
wasn't  
" \_\_\_\_\_ "!  
1 2 3 4

Name \_\_\_\_\_

# He Pleased God

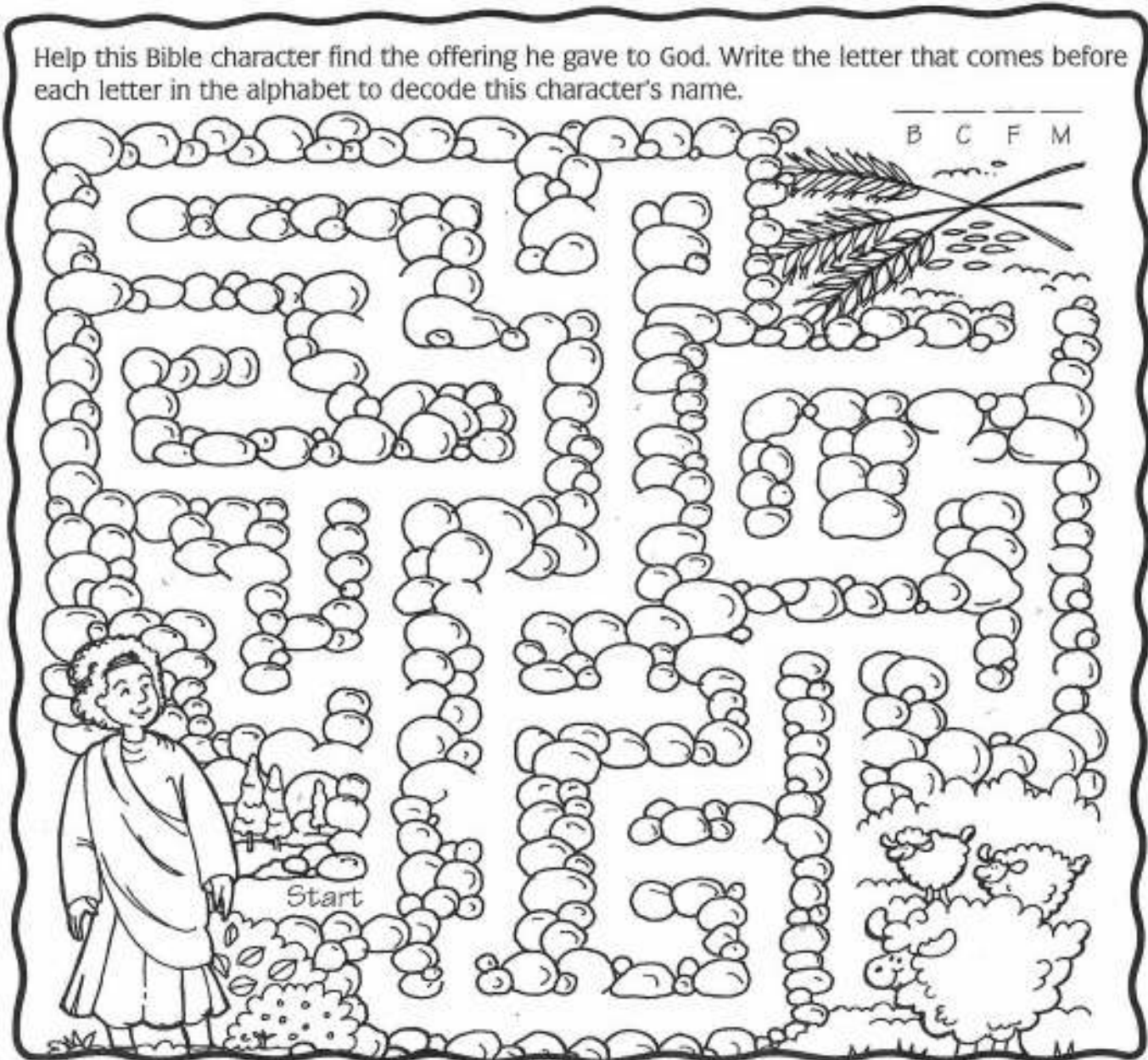
Read the clues and the Bible verse to name that Bible character!

1. He was the second son of Adam and Eve.
2. He kept flocks of animals.
3. He gave a pleasing offering to God.
4. His brother's name was Cain.
5. His brother killed him.
6. Read about this Bible character in **Genesis 4:2**.

\_\_\_\_\_ Name that Bible character!

Help this Bible character find the offering he gave to God. Write the letter that comes before each letter in the alphabet to decode this character's name.

B C F M





# The Crime



Cain and Abel were brothers and sons of Adam and Eve. They each gave an offering to God. God was pleased with Abel's offering but not with Cain's. Cain grew to hate his brother because of that and committed a terrible crime against him. (Genesis 4:1-12)

**Directions:** The lines are for your answers to the clues. Put the first letter of each answer on the bottom line. Three words will reveal Cain's shameful deed.

1. a chewy candy	___ <b>f</b> ___
2. listen	___ ___
3. rim	___ ___
4. animal hair	___ ___
5. spring flower	___ <b>r</b> ___
6. lariat	___ ___ <b>e</b> ___
7. twirl	___ ___
8. rip	___ ___
9. gold or silver	___ ___ <b>a</b> ___
10. beneath	___ ___ <b>d</b> ___
11. drizzle	___ ___
12. female deer	___ ___ <b>e</b> ___
13. simple	___ ___
14. recycle	___ ___ <b>u</b> ___

What was the crime?



# Offerings

To solve this puzzle, find all the letters in each shape. Unscramble the letters found in the same shape to discover why God looked with favor on Abel's offering and not with favor on Cain's offering. Then read the account in Genesis 4:1-15.

